



ARACY NEST WELLBEING DOMAINS

ALIGNMENT WITH THE

CHILDKIND

12 BEST PRACTICE PRINCIPLES AND 30 KEY COMPETENCIES



Alignment Between ChildKind 12 Best Practice Principles and 30 Key Competencies the ARACY NEST Wellbeing Domains

This document outlines the alignment between the ChildKind Best Practice Framework and the ARACY Nest Wellbeing Domains. Each of the Best Practice Principles and Key Competencies is aligned with the six key domains of wellbeing, as defined by ARACY's 'The Nest' framework, which are essential for children and young people's wellbeing. These domains cover aspects such as being loved and safe, having material basics, being healthy, learning, participating, and having a positive sense of identity and culture.

Alignment with the 12 Best Practices:

| Best Practice Principle | Being Loved & Safe | Material Basics | Being Healthy | Learning | Participating | Identity & Culture |
|--------------------------------------|--------------------|-----------------|---------------|----------|---------------|--------------------|
| Embrace my uniqueness | ✓ | | ✓ | | ✓ | ✓ |
| Consider my culture | | | | | | ✓ |
| Embed my lived experiences | ✓ | | | ✓ | ✓ | ✓ |
| Affirm my diversity | ✓ | | | | ✓ | ✓ |
| Establish my priorities with me | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Tailor my supports | ✓ | ✓ | ✓ | ✓ | ✓ | |
| Respond with understanding | ✓ | ✓ | ✓ | | ✓ | |
| Uphold best practice | ✓ | | ✓ | ✓ | | |
| Be an ally for my equity and justice | ✓ | | | | ✓ | ✓ |
| Collaborate with my team | ✓ | ✓ | | ✓ | ✓ | |
| Support me to be included | ✓ | ✓ | | ✓ | ✓ | |
| Build on my strengths | ✓ | ✓ | ✓ | ✓ | | |

Alignment with the 30 Key Competencies:

| Key Competency | Being Loved & Safe | Material Basics | Being Healthy | Learning | Participating | Identity & Culture |
|---|--------------------|-----------------|---------------|----------|---------------|--------------------|
| DETECT (1.1) | ✓ | | ✓ | ✓ | | |
| ACT (1.2) | ✓ | ✓ | ✓ | ✓ | | |
| REFER AND EQUIP (1.3) | ✓ | | ✓ | ✓ | | |
| Effective Communication (2.1) | ✓ | | | ✓ | ✓ | |
| Trauma-Informed and Responsive (2.2) | ✓ | | ✓ | | | |
| Compassionate and Present (2.3) | ✓ | | | ✓ | ✓ | |
| ADVOCACY (3.1) | ✓ | | | ✓ | ✓ | ✓ |
| Honour CALD, First Nations & LGBTQIA+ (3.2) | | | | | | ✓ |
| Anti-Ableist and Neuro-Affirming (3.3) | ✓ | | | | ✓ | ✓ |
| Priority and Goal Setting (4.1) | ✓ | | ✓ | ✓ | | |
| Ecological and Intersectional (4.2) | ✓ | | ✓ | | | ✓ |
| Adaptive Practice (4.3) | ✓ | | | ✓ | | |
| Embrace Best Practice (5.1) | ✓ | | | ✓ | | |
| Research and Innovation (5.2) | | | | ✓ | | |
| Early Childhood Development (5.3) | | | ✓ | ✓ | | |

Alignment with the 30 Key Competencies:

| Key Competency | Being Loved & Safe | Material Basics | Being Healthy | Learning | Participating |
|--|--------------------|-----------------|---------------|----------|---------------|
| Monitor and Evaluate (6.1) | ✓ | | | ✓ | |
| Understanding and Navigating Systems (6.2) | | | | | ✓ |
| Risk Management (6.3) | ✓ | | ✓ | | |
| Collaborative Practice (7.1) | ✓ | | | ✓ | ✓ |
| Network and Community Development (7.2) | ✓ | ✓ | | ✓ | ✓ |
| Referrals and Other Support (7.3) | ✓ | | | ✓ | ✓ |
| Life-long Learning (8.1) | | | | ✓ | |
| Reflective Practice (8.2) | | | | ✓ | |
| Self-Care (8.3) | ✓ | | ✓ | | |
| Strengthening Capabilities (9.1) | | | | ✓ | |
| Accessible Communication (9.2) | ✓ | | | ✓ | ✓ |
| Peer and Community Support (9.3) | ✓ | | | ✓ | ✓ |
| Signal Transitions Early (10.1) | ✓ | | | ✓ | |
| Create a Plan (10.2) | ✓ | | | ✓ | |
| Facilitate the Transition (10.3) | ✓ | | | ✓ | |